

FREE WEBINAR

# Radical Self-Love

## “Taking Care of Myself is a Radical Act of LOVE”



JOIN NOW FOR  
**FREE!**

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**TUESDAY 2/10 7:00PM-8:00PM  
ON ZOOM-REPLAY AVAILABLE  
OPEN TO ALL!**

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Presented By:  
Tammy Sausa, LCSW

Register at: <https://atherapylifecenter.com/webinar/>

**FREE GUIDEBOOK WITH REGISTRATION FULL OF  
PRACTICAL TOOLS TO REGULATE YOUR NERVOUS  
SYSTEM SO YOU CAN TRULY LOVE YOURSELF**